

## A Program For Children with Autism and Their Parents

If you have a preschool aged child with autism and would like some guidance on how to increase skills in the natural environment, this program may be right for you. POAC is the education leader for the autism community and CPU has been providing direct services to children with autism since 1995. These two organizations have joined forces to help parents get their young children with autism off to the best start possible. Please call the POAC office for more information.



*Making A Difference  
NOW!*

Children's Progress Unlimited

*"Each Child Is Special!"*

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POAC AND CHILDREN'S  
PROGRESS UNLIMITED

# Mommy/ Daddy & Me!

Early Intervention for Children  
with Autism



Tel: 732-785-1099

## A Head Start for Children With Autism

For children diagnosed with autism, getting quality intervention as early as possible is the key to skill acquisition and a primary means of preventing the development of problem behavior.



**The Mommy/Daddy & Me Program will be held at POAC's new Autism Services Center in Brick, NJ.**

POAC and Children's Progress Unlimited (CPU) have joined to present a very important program. The POAC/CPU Mommy/Daddy and Me Program is intended to give parents of preschool aged children the basic tools needed to begin teaching and relating to their young children with autism in a naturalistic setting such as play.

### Parents Will Learn To:

By understanding some very basic key concepts, parents will learn how to:

- Build rapport with their children making them more likely to be willing learners
- Recognize reinforcers and how to use them to maximize learning and minimize problem behavior
- Modify existing environments to make them more conducive to learning
- Structure play and recreation to make problem behavior less likely to occur
- Begin the process teaching functional communication to their children who do not acquire it on their own
- Develop goals and objectives that are functional and developmentally appropriate
- Enhance the therapy process by becoming part of it

### Key Program Components

The POAC/CPU Mommy/Daddy and Me Program is provided to parents and their preschool aged children simultaneously. It takes a hands-on approach to building skills of both parents and children. The principles of Applied Behavior Analysis (ABA) are the basis for all intervention

strategies. The application of these principles will be taught to parents in a very user friendly format which they will be able to immediately demonstrate with their children. The program will be staffed by certified teachers of the handicapped and supervised by a Board Certified Behavior Analyst. Staff members will be on site and work directly with parents and children. Up to 5 child/parent pairs will be served in each session. Success is demonstrated by an increase in parents' understanding of these concepts and ability to apply them with their children.

The Mommy/Daddy and Me Program will be delivered in 5 week sessions consisting of two hours per week. There are 10 sessions planned for the upcoming year allowing for 50 parent/child pairs to participate. All children accepted to this program will be diagnosed with autism spectrum disorder. The program will be delivered in the POAC Autism Services Center located in central New Jersey. All participants will have access to program materials on site.

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